



Welcome to our ALL VEGAN, family-owned restaurant, we're so glad you're here! YES, everything is vegan ♥

SUNDAY, MONDAY 11A-6P TUESDAY - THURSDAY 8A-8P FRIDAY, SATURDAY 8A-9P

all-day breakfast

- PANCAKES (GF)** \$12
3 (GF) pancakes served with butter & real maple syrup
Make it a platter with sausage & tofu scramble for \$5!
- BREAKFAST BOWL (GF)/ BURRITO** \$13
Scrambled tofu, onions, tots, vegan sausage, cheeze, & garlic aioli. *Add avocado \$2*
- THE GODDESS BOWL (GF)** \$15
Sweet potatoes, quinoa blend, grilled onions and mushrooms, spinach, tofu scramble, diced tomatoes and green goddess dressing
- LIL' BREAKFAST SAMMIE** \$8
Just Egg patty, cheeze, garlic aioli, your choice of bacun or sausage on a toasted bun. Bun choices: English muffin, GF English muffin, or potato bun. *Add hash browns or tots \$2.5*
- 8" BREAKFAST SANDWICH** \$12
Just Egg, cheeze, vegan sausage, & garlic aioli on toasted cuban bread. *Add hash browns or tots \$2.5*
- AVOCADO TOAST** \$9
Buttered Cuban toast, avocado, parm, & balsamic glaze

sides/small plates

- cuban toast | freshly-made chips | hashbrown patty (2) \$3
- seasoned french fries | tater tots| veggie of the day | quinoa blend \$4
- sweet potato fries | sm. mac & cheeze | sweet plantains | black beans & rice | side salad \$5
- grilled or fried tofu | yuca fries \$6

bowls, wraps, & salads

available after 11am

All bowls can be made into a wrap, no extra fee

- THE CARIBBEAN BOWL** \$15
FORMALLY KNOWN AS THE MEXICAN BOWL
Rice, Cuban-style black beans, mojo vegan pork, corn, lettuce, sweet plantains, cheeze, & avocado lime crema
- THE AMERICAN BOWL (GF)** \$14
Tater tots, Impossible meat, pickles, lettuce, cheeze, tomatoes, red onion, & frisco sauce
- THE SUPERHUMAN BOWL (GF)** \$16
White & red quinoa, green chickpeas, kale, edamame, almonds, spinach, tofu, avocado, & balsamic glaze
- THE MEDITERRANEAN BOWL (GF)** \$16
Kale in a lemon dressing, sweet potatoes, chickpeas, broccoli, sun-dried tomatoes, kalamata olives, hummus lemon drizzle, & pepitas
- THE SEPE SALAD (GF)** \$13.5
Chopped romaine, red onions, hearts of palm, artichokes, olives, seasoned chickpeas, creamy red wine vinaigrette.
Add grilled or fried tofu for \$3
- THE COBB SALAD** \$14
Chopped romaine, tomatoes, cheeze, avocado, just egg, seitan, bacun. Choose creamy red wine vinaigrette, ranch, or green goddess dressing
Add another protein for \$3

sandwiches/burgers

- THE CUBANO** \$14
Mojo vegan pork, seitan, cheeze, pickles & mayo/ mustard on pressed cuban bread
- IMPOSSIBLE SMASH PATTY MELT** \$13
Cheezeburger on buttered sourdough with grilled onions & Frisco sauce. *Add a 2nd patty for \$3*
- BUILD YOUR OWN BURGER** \$15
• Choose black bean, Impossible, or chick'n patty
Toppings: lettuce, tomatoes, pickles, grilled onions, red onion, mushrooms. *Add avocado for \$2*
Add a 2nd impossible patty for \$3
- THE BLT** \$10
A classic! Add avocado for \$2
- THE VEGANO (formerly the no flub sub)** \$12
Sliced seitan and bacun, cheeze, lettuce, tomato, mayo on a hoagie roll. Drizzled with sub dressing
- THE BUZZY BUFFALO WRAP** \$12
Buffalo impossible nuggs, tots, lettuce, cheeze, & ranch

dinners (available after 4pm)

- NONI'S TRIO (GF)** \$16
Impossible/lentil meatloaf, mashed potatoes & gravy, served with the veggie of the day
- MOMMA NINA'S SPAGHETTI & MEATBALLS** \$16
Marinara, Impossible/lentil meatballs served over spaghetti & buttered cuban toast
- FETTUCINE ALFREDO** \$17
Tofu alfredo with spinach, served over fettuccine & buttered cuban toast. *Add grilled tofu \$3*

coffees

Hot Latte	12oz / 16oz	\$6/ \$7
Iced Latte	16oz/ 24oz	\$7/ \$8.5
Cappuccino	12oz	\$5
Americano	12oz	\$3.5
Cafe con leche	12oz / 16oz	\$6/ \$7
Doppio		\$3
Cortado/Cortadito		\$4

Hot Chocolate	12oz / 16oz	\$3/ \$4.5
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speciality lattes

Your choice of milk: oat, soy, almond, coconut

Coco Mocha (like an almond joy!)

Becky with the good hair (strawberry vanilla)

The CCS (chocolate-covered strawberry)

Hot Latte	12oz / 16oz	\$7/ \$8
Iced Latte	16oz/ 24oz	\$8/ \$9.50

Syrup Choices: vanilla, French vanilla, hazelnut, caramel, coconut, mocha, & various seasonal flavors. SF vanilla, caramel, and hazelnut

drinks

ode to yoyo smoothies

Add a scoop of pea protein for \$3

SUNRISE STRAWBERRY 16oz/ 24oz \$7 / \$9
Apple juice, strawberries, & bananas

PINA COOL-ADA 16oz/ 24oz \$7 / \$9
Coconut milk, pineapple, bananas, & coconut condensed milk

NECTAR OF THE GODS 16oz/ 24oz \$8 / \$10
Acai puree, passion fruit juice, pineapple, mango, blueberry, & strawberry

THE ELVIS 16oz/ 24oz \$8 / \$10
Almond milk, spinach, peanut butter, & banana

iced drinks

16oz/ 24oz \$2.5/\$3

Lemonade

Tea (sweet or unsweetened)

add strawberry, peach, or raspberry for .50

16oz milkshakes made with tofutti ice cream

\$10

Vanilla
Chocolate

\$11

Strawberry
Cookies & Cream

kid's menu

Impossible nuggs & fries or tots	\$10
Grilled cheeze & fries or tots	\$9
B's buttered noodles & cheeze	\$8
Mac & cheeze	\$8
5 silver dollar pancakes & real maple syrup	\$8

allergy alert

All menu items are 100% vegan
Warning: please be advised that the food prepared and served at this restaurant may contain (or have been exposed to) these ingredients: nuts, wheat, soybeans, coconut, & gluten.

We have an allergy book at the register with the ingredients for each dish we serve.

For some dishes, we can modify ingredients to accommodate dietary restrictions.