



Welcome to our ALL VEGAN, family-owned restaurant,  
we're so glad you're here! YES, everything is vegan ♥

MONDAY 11A-6P

TUESDAY - SATURDAY 10A-8P

SUN BRUNCH 10A-2P

## all-day breakfast

**PANCAKES (GF)** \$13.5

3 (GF) pancakes served with butter & real maple syrup  
*Make it a platter with sausage & tofu scramble for \$5!*

**BREAKFAST BOWL (GF)/ BURRITO** \$14.5

Scrambled tofu, onions, tots, vegan sausage,  
cheeze, & garlic aioli. *Add avocado \$2*

**THE GODDESS BOWL** \$17

Spinach, sweet potatoes, brown rice & quinoa blend,  
onions and mushrooms, tofu scramble, tomatoes &  
green goddess dressing

**LIL' BREAKFAST SAMMIE** \$10

Just Egg patty, cheeze, garlic aioli, your choice of bacun or  
sausage on a toasted bun. Bun choices: English muffin, GF  
English muffin, or potato bun. *Add hash browns or tots \$2.5*

**8" BREAKFAST SANDWICH** \$14.5

Just Egg, cheeze, vegan sausage, & garlic aioli on toasted  
cuban bread. *Add hash browns or tots \$2.5*

**AVOCADO TOAST** \$13.25

Buttered Cuban toast, avocado, parm, & balsamic glaze

## sides/small plates

cuban toast | freshly-made chips | hashbrowns \$4

seasoned french fries | tater tots| broccoli |  
brown rice & quinoa blend \$5

sweet potato fries | mac & cheeze | beans &  
rice | side salad | tofu | sweet plantains \$6

yuca croquettes

## bowls, wraps, & salads

*All bowls can be made into a wrap, no extra fee*

**THE CARIBBEAN BOWL** \$18

Rice, Cuban-style black beans, mojo vegan pork, corn,  
lettuce, sweet plantains, cheeze, & avocado lime crema

**THE AMERICAN BOWL (GF)** \$16.5

Tater tots, Impossible meat, pickles, lettuce, cheeze,  
tomatoes, red onion, & frisco sauce

**THE SUPERHUMAN BOWL** \$18

Brown & red rice, kale, red quinoa, barley, almonds,  
spinach, tofu, avocado, & balsamic glaze

**CAESAR SALAD** \$15

Romaine, croutons, parm, & Ceasar dressing  
Add crispy chick'n, tofu, or chickpeas for \$3

**THE SEPE SALAD (GF)** \$15

Romaine, red onions, hearts of palm, artichokes,  
olives, chickpeas, creamy red wine vinaigrette.  
Add grilled or fried tofu for \$3

**THE COBB SALAD** \$16

Romaine, tomatoes, cheeze, avocado, just egg,  
seitan, bacun. Dressing choice: creamy red  
wine vinaigrette, ranch, or green goddess

## dinners (available after 4pm)

**NONI'S TRIO (GF)** \$20  
Impossible/lentil meatloaf, mashed potatoes &  
gravy, served with broccoli

**MOMMA NINA'S SPAGHETTI & MEAT SAUCE** \$19  
Marinara, Impossible/lentil meat sauce served  
over spaghetti & buttered cuban toast

## sandwiches/burgers

*All come with chips, ask about upgrading your side!*

**THE CUBANO** \$16.5

Mojo vegan pork, seitan, cheeze, pickles & mayo/ mustard

**IMPOSSIBLE SMASH PATTY MELT** \$15.5

Impossible patty, cheeze, onions, Frisco sauce, sourdough. Add a  
2nd patty for \$3

**BUILD YOUR OWN BURGER** \$16.5

Choose black bean or Impossible

*Add a 2nd impossible patty for \$3*

**PHILLY CHEEZESTEAK** \$15.5

Beyond steak, peppers, onions, & cheeze, hoagie roll.

**CHICK'N SAMMIE** \$16.5

Choose BBQ, Buffalo, Chick'n Parm or Buttery

**THE BLT** \$13.5

A classic! Add avocado for \$2

**THE VEGANO SUB** \$14.25

Sliced seitan and bacun, cheeze, lettuce, tomato, mayo, hoagie  
roll, sub dressing

**THE BUZZY BUFFALO WRAP** \$15

Buffalo impossible nuggs, tots, lettuce, cheeze, & ranch

**BUFFALO CHICK'N SALAD WRAP** \$10

Soy curls, buffalo sauce, house ranch, celery and  
spices, wrapped in a tortilla with lettuce

**TUNA MELT OR COLD TUNA WRAP** \$13

"Tuna"/chickpea salad, cheese, sourdough or cold tuna  
wrapped in a tortilla with lettuce

**FETTUCINE ALFREDO** \$20

Tofu alfredo with spinach, served over fettuccine &  
buttered cuban toast. Add grilled tofu \$3

**CHICK'N PARM** \$19.5

Breaded chick'n in marinara with mozzarella & parmesan  
cheese over spaghetti & garlic toast