



Welcome to our ALL VEGAN, family-owned restaurant, we're so glad you're here! YES, everything is vegan ♥

MONDAY 11A-6P TUESDAY - SATURDAY 10A-8P SUN BRUNCH 10A-3P

all-day breakfast

- PANCAKES (GF)** \$13.5
3 (GF) pancakes served with butter & real maple syrup
Make it a platter with sausage & tofu scramble for \$5!
- BREAKFAST BOWL (GF)/ BURRITO** \$14.5
Scrambled tofu, onions, tots, vegan sausage, cheeze, & garlic aioli. *Add avocado \$2*
- THE GODDESS BOWL** \$17
Spinach, sweet potatoes, brown rice & quinoa blend, onions and mushrooms, tofu scramble, tomatoes & green goddess dressing
- LIL' BREAKFAST SAMMIE** \$10
Just Egg patty, cheeze, garlic aioli, your choice of bacun or sausage on a toasted bun. Bun choices: English muffin, GF English muffin, or potato bun. *Add hash browns or tots \$2.5*
- 8" BREAKFAST SANDWICH** \$14.5
Just Egg, cheeze, vegan sausage, & garlic aioli on toasted cuban bread. *Add hash browns or tots \$2.5*
- AVOCADO TOAST** \$13.25
Buttered Cuban toast, avocado, parm, & balsamic glaze

sides/small plates

- cuban toast | freshly-made chips | hashbrowns \$4
- seasoned french fries | tater tots| broccoli | brown rice & quinoa blend \$5
- sweet potato fries | mac & cheeze | beans & rice | side salad | tofu | sweet plantains \$6
- yuca croquettes

Cash discounted prices displayed

bowls, wraps, & salads

All bowls can be made into a wrap, no extra fee

- THE CARIBBEAN BOWL** \$18
Rice, Cuban-style black beans, mojo vegan pork, corn, lettuce, sweet plantains, cheeze, & avocado lime crema
- THE AMERICAN BOWL (GF)** \$16.5
Tater tots, Impossible meat, pickles, lettuce, cheeze, tomatoes, red onion, & frisco sauce
- THE SUPERHUMAN BOWL** \$18
Brown & red rice, kale, red quinoa, barley, almonds, spinach, tofu, avocado, & balsamic glaze
- CAESAR SALAD** \$15
Romaine, croutons, parm, & Ceasar dressing
Add crispy chick'n, tofu, or chickpeas for \$3
- THE SEPE SALAD (GF)** \$15
Romaine, red onions, hearts of palm, artichokes, olives, chickpeas, creamy red wine vinaigrette.
Add grilled or fried tofu for \$3
- THE COBB SALAD** \$16
Romaine, tomatoes, cheeze, avocado, just egg, seitan, bacun. Dressing choice: creamy red wine vinaigrette, ranch, or green goddess

dinners (available after 4pm)

- SCHNITZEL MEAL (GF)** \$22
A german classic. Breaded & fried pork cutlet, lemon dill drizzle, mashed potatoes & broccoli
- EGGPLANT PARM** \$20
Tender fried eggplant, marinara, & house tofu ricotta cheese over pasta. GF pasta available

sandwiches/burgers

All come with chips, ask about upgrading your side!

- THE CUBANO** \$16.5
Mojo vegan pork, seitan, cheeze, pickles & mayo/ mustard
- IMPOSSIBLE SMASH PATTY MELT** \$15.5
Impossible patty, cheeze, onions, Frisco sauce, sourdough. Add a 2nd patty for \$3
- BUILD YOUR OWN BURGER** \$16.5
Choose Impossible or a chick'n patty
Add a 2nd impossible patty for \$3
- PHILLY CHEEZESTEAK** \$15.5
Beyond steak, peppers, onions, & cheeze, hoagie roll.
- CHICK'N SAMMIE** \$16.5
Choose BBQ, Buffalo, Chick'n Parm or Buttery
- THE BLT** \$13.5
A classic! Add avocado for \$2
- THE VEGANO SUB** \$14.25
Sliced seitan and bacun, cheeze, lettuce, tomato, mayo, hoagie roll, sub dressing
- THE BUZZY BUFFALO WRAP** \$15
Buffalo impossible nuggs, tots, lettuce, cheeze, & ranch
- BUFFALO CHICK'N SALAD WRAP** \$10
Soy curls, buffalo sauce, house ranch, celery and spices, wrapped in a tortilla with lettuce
- TUNA MELT OR COLD TUNA WRAP** \$13
"Tuna"/chickpea salad, cheese, sourdough or cold tuna wrapped in a tortilla with lettuce

-
- LOU'S HEARTS OF PASTA** \$19
Red sauce penne pasta, impossible meat, lentils, hearts of palm, artichoke hearts. With garlic toast
 - CHICK'N TERYAKI (GF)** \$19.5
Seasoned soy curls, broccoli, carrots, onions, house teriyaki sauce over rice



Welcome to our ALL VEGAN, family-owned restaurant, we're so glad you're here! YES, everything is vegan ♥

SUNDAY, MONDAY 11A-6P TUESDAY - THURSDAY 8A-8P FRIDAY, SATURDAY 8A-9P

coffees

Hot Latte	12oz / 16oz	\$6/ \$7
Iced Latte	16oz/ 24oz	\$7/ \$8.5
Cappuccino	12oz	\$5
Americano	12oz	\$3.5
Cafe con leche	12oz / 16oz	\$6/ \$7
Doppio		\$3
Cortado/Cortadito		\$4

Hot Chocolate	12oz / 16oz	\$3/ \$4.5
---------------	-------------	------------

speciality lattes

Your choice of milk: oat, soy, almond, coconut

Coco Mocha (like an almond joy!)

Becky with the good hair (strawberry vanilla)

The CCS (chocolate-covered strawberry)

Hot Latte	12oz / 16oz	\$7/ \$8
Iced Latte	16oz/ 24oz	\$8/ \$9.50

Syrup Choices: vanilla, French vanilla, hazelnut, caramel, coconut, mocha, & various seasonal flavors. SF vanilla, caramel, and hazelnut

drinks

ode to yoyo smoothies

Add a scoop of pea protein for \$3

SUNRISE STRAWBERRY 16oz/ 24oz \$7.5 / \$9
Apple juice, strawberries, & bananas

PINA COOL-ADA 16oz/ 24oz \$7 / \$9
Coconut milk, pineapple, bananas, & coconut condensed milk

NECTAR OF THE GODS 16oz/ 24oz \$8 / \$10
Acai puree, passion fruit juice, pineapple, mango, blueberry, & strawberry

THE ELVIS 16oz/ 24oz \$8 / \$10
Almond milk, spinach, peanut butter, & banana

iced drinks

16oz/ 24oz \$2.5/\$3

Lemonade

Tea (sweet or unsweetened)

add strawberry, peach, or raspberry for .50

16oz milkshakes *made with tofutti ice cream*

\$10

Vanilla
Chocolate

\$11

Strawberry
Cookies & Cream

kid's menu

Impossible nuggs & fries or tots	\$10
Grilled cheeze & fries or tots	\$9
B's buttered noodles & cheeze	\$8
Mac & cheeze	\$8
5 silver dollar pancakes & real maple syrup	\$8

allergy alert

All menu items are 100% vegan
Warning: please be advised that the food prepared and served at this restaurant may contain (or have been exposed to) these ingredients: nuts, wheat, soybeans, coconut, & gluten.

We have an allergy book at the register with the ingredients for each dish we serve.

For some dishes, we can modify ingredients to accommodate dietary restrictions.